

Contraindications

LED therapy is clinically proven to be safe, and has achieved “no significant risk status” for human trials by the FDA. Contraindications for using Low Level Light Therapy are few and most clients can safely enjoy the benefits. For certain contraindications, written consent from a physician will allow you to perform a treatment. The following contraindications should be noted:

- Do not perform LED therapy on someone who is Pregnant or Nursing (unless the client has written consent from her physician).
- Do not perform LED therapy on someone with a seizure disorder (unless you have consent from the client’s physician).
- Do not perform LED therapy when the application of “heat” or increased warmth to the skin is a contraindication. (Resistors on the circuit board produce a mild thermal effect).
- Do not perform LED therapy if client is “photo-sensitive” Some disorders and medications can cause photosensitivity (unless you have consent from the client’s physician). Do not perform LED therapy over known metastasis.
- Do not perform LED therapy if client is on steroidal medications.